

# Safeguarding

These courses have been created because, first and foremost, each and every one of us has basic human rights. Chief among these is the right to be healthy, happy and treated well, regardless of race, age, gender or location. When these rights are abused in some way it's wrong, and it is therefore vital that guidelines, policies and procedures are followed to enable everyone, without exception to live a life in which these basic values and rights are maintained and upheld.

## 1. Safeguarding Children

Everyone, regardless of their age, gender, religion, ethnicity or background has the right to a healthy, happy life. Safeguarding is about minimising and managing the risks to vulnerable individuals.

This course, 'Safeguarding Children', is aimed at anyone who has a duty of care for, or comes into contact with children in their chosen profession.

Although most children are brought up in loving, nurturing environments and grow up to lead happy lives, the subject has to be discussed in order to better protect those children that need it most.

During this course you will hear many facts, figures and details surrounding the risk to children, the types of abuse suffered, how to recognise the signs of abuse and key safeguarding legislations put in place to minimise the abuse of children.

Once you are able to recognise the signs of possible abuse, and know the steps you should take if you suspect it you will be better able to protect the children in your care.

**Duration:** 75 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).

Course	Module Number	Module Name	Pass % Required
Safeguarding Children	1	Introduction to Safeguarding Children	70
Safeguarding Children	2	Types of Abuse, who may carry it out and why children may not tell	70
Safeguarding Children	3	How to Recognise the Signs of Abuse	70
Safeguarding Children	4	What to do if you suspect a child is being abused	70
Safeguarding Children	5	Safeguarding Legislation	70

## 2. Safeguarding Adults

This course is aimed at anyone who has a duty of care for, or comes into contact with, adults in need of care and support, either as a paid professional or a volunteer. This includes, but isn't limited to, those that work in domiciliary care, the NHS, community centres, prisons or with a family member at home, and sets out the roles and responsibilities everyone must undertake to protect an adult's right to live in safety, free from abuse and neglect. You and the organisation you work for must take appropriate and proportional measures necessary for the protection of adults in your care, while still ensuring they are supported and empowered to have control over how they want to live their lives and this course can bring you one step closer to being able to do this.

This means that whatever the circumstance, you and the organisation you work for must take appropriate and proportional measures necessary for the protection of adults in your care, while still ensuring they are supported and empowered to have control over how they want to live their lives.

During this course you will hear many facts, figures and details surrounding the risk to adults in need of care and support, the types of abuse suffered and key safeguarding legislation put in place to minimise the abuse of adults with care and support needs. By the end of this course, you will have learned a better understanding of safeguarding principles and be able to apply them to your role.

This includes being able to define the key terminology in relation to safeguarding; identify the principle laws that relate to safeguarding and why they have been put in place to minimise abuse; recognise and respond to the ten types of abuse suffered by vulnerable adults; identify and report concerns of abuse or neglect; describe your role, responsibilities and boundaries; ensure people are supported and encouraged to make their own decisions and give informed consent, and finally manage the environment to minimise the risk of abuse.

Course	Module Number	Module Name	Pass % Required
Safeguarding Adults	1	Introduction and Definitions	70
Safeguarding Adults	2	Types of Abuse and the Rights of Vulnerable Adults	70
Safeguarding Adults	3	Recognising the Signs of Abuse	70
Safeguarding Adults	4	What to Do if you Suspect Abuse	70
Safeguarding Adults	5	Safeguarding Legislation	70

### Recommended System Requirements

- **Operating System:** Windows XP/7/8, Mac OSX (10.6)
- **Browser:** Chrome 20+, Firefox 28+, Internet Explorer 9, Safari for Mac 5+
- **Video:** Up to date video drivers
- **Memory:** 1Gb+ RAM
- **Additional Software:** Flash Player 10+
- **Download Speed:** Broadband (3Mb+)